

24th April 2026



OUR LADY OF GOOD COUNSEL NEWSLETTER

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We have had a wonderful start to Pentecost Term 1, with our first week back being a great success. We have been fortunate to enjoy some lovely weather, and it has been great to see the children making the most of playtimes out on the field as they settled back into school routines.

As the weather continues to improve, please remember to apply suncream to your child(ren) each morning and ensure they bring a sun hat and a water bottle to school every day, so they can stay safe and comfortable while enjoying the outdoors.

As we journey through the season of Pentecost, we reflect on its themes of new beginnings and the guidance of the Holy Spirit as we continue our learning together this term.

School Virtues

Self-control Courage Hope
Love Justice Solidarity

We love, live and learn in the light of Christ



OUR LADY OF GOOD COUNSEL CATHOLIC PRIMARY SCHOOL

Bronze Learners

Nevaeh Esme Harry Albie Ena
Lexie Katie Eva
Kane Joel Paris Elizabeth Nathan Keyla
Grace Emily Bella Ronnie-Mae Miriam
Matilda George Joey Evie
Anna Evie Zainab Ivy Antonia Miya Alex
Andrea Tasnim Daniela Aalia
Freddie Sree Daniel
Jonique Serghey Rosie Logan Reggie
Daisy T Violet Alice Daisy H
Amelia Serenity Ansam Gold-Daniel
Ellie Ellis Skyla Bella Mae Aidra
Lydia Betsy-Rose

Silver Learners

Katie



Star of the week

Reception	Asher Erin
Year 1	Rose Anamika
Year 2	Mylah Nova
Year 3	Daisy Ralphey
Year 4	Isabella Emma
Year 5	Poppy Katie
Year 6	Kane Felicia



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Active April

This month's wellbeing focus is to find ways of being more physically active. Regular physical activity is not only good for our bodies but is also good for our minds. It helps us improve our concentration, memory and problem-solving skills which means academic performance is improved. It also boosts mood and mental health by releasing endorphins, promoting feelings of happiness and wellbeing, and reducing stress, anxiety and depression. Mrs Cockerill is asking the children to have daily bursts of activity throughout the month, which could include running, dancing, jumping in puddles or skipping. The children can draw a picture, write about what they have done or send in a photo so she can add them to the ELSA display.





OUR LADY OF GOOD COUNSEL CATHOLIC PRIMARY SCHOOL

Discover Your Local Children's Centre – A Fantastic Resource for Families

Did you know that our town's Children's Centre—now part of Lincolnshire's Family Hub network—offers a range of wonderful services to support you and your little ones?

One of the most valuable services available is the Speech and Language Drop In Sessions. If you have a child aged 4 years or under and have any concerns about their speech, language, or communication development, you can simply come along to a session—no referral needed.

There are 10 weekly drop in sessions held across 10 Family Hub Children's Centres throughout Lincolnshire, making it easy to find one that fits your schedule. These sessions provide:

- ⇒ Reassurance and professional advice
- ⇒ Early identification of any communication needs
- ⇒ Tips and strategies you can use at home

The Children's Centre also offers a variety of other parent and early years services, from play sessions and parenting support to help accessing wider community resources.

Friday

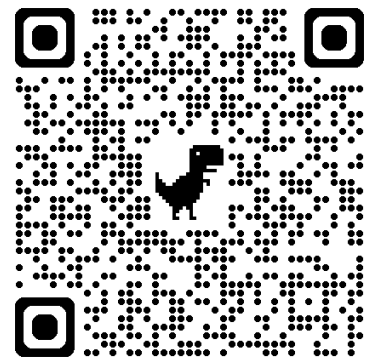
Sleaford Children's Centre, Carre Street,
Sleaford, NG34 7TW

Time: 10am-12pm

Speech and
Language drop
in!

Join their Facebook Group to stay up to date with activities:

<https://www.facebook.com/share/g/14ZgaGkxTGe/?mibextid=wwXlfr>



<https://www.lincolnshire.gov.uk/directory-record/76500/sleaford-children-s-centre-term-4-timetable>



OUR LADY OF GOOD COUNSEL CATHOLIC PRIMARY SCHOOL

FOR PARENTS & CARERS

Empowering young people with additional learning needs to connect safely online.

What the law says

If your child is exposed to any online issues, it can help to know what the law says to ensure you take appropriate action to support your child.



What does the law say about online behaviour?



Cyberbullying

There is no legal definition of cyberbullying in law but there is a range of laws that cover this issue. It can be considered a criminal offence under the 'Harassment Act 1997', if cyberbullying causes a victim 'alarm or distress'. It can also be considered 'grossly offensive' under the Malicious Communications Act 1988 and the Communications Act 2003.



Sexting is illegal for under 18s

When children engage in sexting they're creating an indecent image of a person under the age of 18 which, even if they take it themselves, is against the law (Protection of Children Act 1978). Distributing an indecent image of a child – e.g. sending it via text – is also illegal. It's very unlikely that a child would be prosecuted for a first offence, but the police might want to investigate.



Online pornography

Types of pornography that are illegal – even for an adult to have include acts that threaten a person's life. These could be acts that could result in serious injury, degrading pornography, violent pornography (i.e. rape and abuse) and anything that involves those under the age of 18.



Hate speech

Hate crime committed whether online or offline is illegal, however, not all offensive content is illegal in the UK. According to the Equality Act 2010 - if it incites hatred based on race, religion and sexual orientation then this can be considered as a crime. For content that does not meet the threshold of a hate crime, the police are required to record it as a hate incident. Laws in the UK aim to protect the freedom of speech so it can be a delicate balance to police online.



Resource:

Laws about online behaviour: www.childnet.com/ufiles/Laws-around-online-behaviour.pdf



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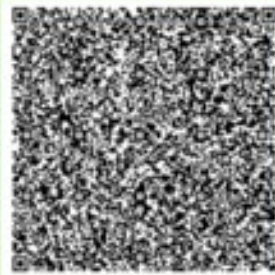
Ready Steady go to School



This is a short free online session aimed at Parents/Carers of children who will be starting school in September 2026. Come along and meet one of our Early Years Team to explore practical activities and top tips to help your little one on their journey to school

Please scan a QR code to join your preferred session

Thursday 23rd April
6-7pm



Wednesday 29th April
1.30-2.30pm



Thursday 11th June
6.30-7.30pm



Wednesday 24th June
1.30-2.30pm





OUR LADY OF GOOD COUNSEL CATHOLIC PRIMARY SCHOOL

Stay Safe Team



How to Navigate Group Chats Safely

Helping children stay safe, kind & confident online.



Group chats have become a big part of how children stay connected with classmates, friends, extended family and wider social groups. Whilst they can be fun and positive, they can also become overwhelming, unkind or unsafe without your guidance.

Why group chats can be challenging for children:

Group chats can move quickly and create pressure for children to keep up.

Common issues include:

- Too many notifications.
- Misunderstandings.
- Exclusion and arguments.
- Sharing unkind gossip or images.
- Pressure to respond late at night.
- Added to chats without permission.

Talking openly with your child about these challenges can help them feel more confident and capable.

What you can do at home:

Set healthy boundaries

- Agree on device-free times (eg. meals).
- Encourage children to mute group chats.
- Remind them its ok to leave a group.

Teach them "THINK before you send"

Before posting, ask them to check if the message is: true, helpful, & kind.

Encourage children to speak up about anything:

- Unkind, unsafe or aggressive.
- Not to join in or share it further.
- Save a screenshot if worried.
- Talk to a trusted adult.

Remind children not to share private information in group chats and model healthy digital behaviours yourself.

Where to go for support

internet
matters.org

www.internetmatters.org/advice/apps-and-platforms/social-media/whatsapp/

Social
Media



Safer
Lincolnshire



Stay Safe
Partnership



@StaySafe
Partner

Contact for info: SSP@lincolnshire.gov.uk <https://www.lincolnshire.gov.uk/staysafepartnership>



OUR LADY OF GOOD COUNSEL CATHOLIC PRIMARY SCHOOL

50% OFF INITIAL PAYMENT

TAKE THE PLUNGE INTO WEEKLY LESSONS

Give your child the gift of confidence and safety in and around the water with Better Swim School.



Join weekly lessons with Better Swim School and get 50% off your first payment with code SCHOOL50.



Better Swim School

Terms and conditions apply. Offer open to new customers only for school children aged between 4-12 years. Offer ends on 07/08/2026. Full terms at better.org.uk/offer-terms. Better is a registered trademark and trading name of GLL (Greenwich Leisure Limited), a charitable social enterprise and registered society under the Co-operative & Community Benefit & Societies Act 2014 registration no. 27793R. Registered office: Middlegate House, The Royal Arsenal, London, SE18 6SX. Inland Revenue Charity no. XR43398.

BETTER



OUR LADY OF GOOD COUNSEL CATHOLIC PRIMARY SCHOOL

DIARY DATES

Date	Event
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May	
Monday 4th	Bank Holiday—no school
Tuesday 5th	British Tri Festival at OLG
Wednesday 11th—Thursday 14th	Year 6 SATs Week
Thursday 21st	Retreat Day –Last day of term
Friday 22nd	INSET day

June	
Monday 1st	INSET day
Tuesday 2nd	Children return to school
Friday 12th	LCH charity colour dash

July	
To be confirmed	Leavers Mass
To be confirmed	Leavers Assembly
Wednesday 22nd	Family picnic 12pm
Wednesday 22nd	Last day of term—no after school club

Further dates to be confirmed

Summer Fayre
Sports Day
School reports
Celebration of learning open day
Celebration of learning awards