**LONG TERM PE PLAN 2024-2025**

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Advent 1**  **Advent 2** | **Lent 1**  **Lent 2** | **Pentecost 1**  **Pentecost 2** |
| Reception | Introduction to PE : Unit 1  Fundamentals : Unit 1  Introduction to PE : Unit 2  Fundamentals : Unit 2 | Gymnastics : Unit 1  Games : Unit 1  Dance : Unit 1  Ball Skills : Unit 1 | Dance : Unit 2  Gymnastics : Unit 2  Games : Unit 2  Ball Skills : Unit 2 |
| Yerar 1 | Fundamentals  Ball Skills  Gymnastics  Invasion Games | Dance  Fitness  Sending and Receiving  Target Games | Team Building  Net and Wall Games  Athletics  Striking and Fielding Games |
| Year  2 | Yoga  Ball Skills  Gymnastics  Invasion Games | Dance  Target Games  Sending and Receiving  Fitness | Team Building  Net and Wall Games  Athletics  Striking and Fielding Games |
| Year 3 | Fundamentals Y3/4  Ball Skills Y3/4  Football  Gymnastics | Dance  Netball  OAA  Tennis | Cricket  Fitness  Rounders  Athletics |
| Year 4 | Ball Skills Y3/4  Dance  Gymnastics  Football | Netball  Fitness  Swimming  OAA | Swimming  Cricket  Athletics  Rounders |
| Year 5 | Netball  Gymnastics  Fitness  Football | Dance  Basketball  OAA  Volleyball Y5/6 | Badminton Y5/6  Cricket  Rounders  Athletics |
| Year 6 | Gymnastics  Tag Rugby  Netball  Fitness | OAA  Dance  Athletics  Volleyball Y5/6 | Swimming  Rounders  Swimming  Cricket |