**LONG TERM PE PLAN 2024-2025**

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Advent 1** **Advent 2** | **Lent 1****Lent 2**  | **Pentecost 1** **Pentecost 2** |
| Reception | Introduction to PE : Unit 1Fundamentals : Unit 1Introduction to PE : Unit 2Fundamentals : Unit 2 | Gymnastics : Unit 1Games : Unit 1Dance : Unit 1Ball Skills : Unit 1 | Dance : Unit 2Gymnastics : Unit 2Games : Unit 2Ball Skills : Unit 2 |
| Yerar 1 | FundamentalsBall SkillsGymnasticsInvasion Games | DanceFitnessSending and ReceivingTarget Games | Team BuildingNet and Wall GamesAthleticsStriking and Fielding Games |
| Year 2 | YogaBall SkillsGymnasticsInvasion Games | DanceTarget GamesSending and ReceivingFitness | Team BuildingNet and Wall GamesAthleticsStriking and Fielding Games |
| Year 3 | Fundamentals Y3/4Ball Skills Y3/4FootballGymnastics | DanceNetballOAATennis | CricketFitnessRoundersAthletics |
| Year 4 | Ball Skills Y3/4DanceGymnasticsFootball | NetballFitnessSwimmingOAA | SwimmingCricketAthleticsRounders |
| Year 5 | NetballGymnasticsFitnessFootball | DanceBasketballOAAVolleyball Y5/6 | Badminton Y5/6CricketRoundersAthletics |
| Year 6 | GymnasticsTag RugbyNetballFitness | OAADanceAthleticsVolleyball Y5/6 | SwimmingRoundersSwimmingCricket |