**Curriculum Overview**

***Primary Curriculum Framework for Relationships Education, Relationships and Sex Education and Health Education***

This Primary Curriculum Framework covers EYFS, KS1 and KS2 and is based on three core themes within which there will be broad overlap. It is adaptable to the age and ability of the pupils.

The three themes are:

**Created and loved by God** (this explores the individual)

The Christian imperative to love self, made in the image and likeness of God, shows an understanding of the importance of valuing and understanding oneself as the basis for personal relationships.

**Created to love others** (this explores an individual’s relationships with others)

God is love. We are created out of love and for love. The command to love is the basis of all Christian morality.

**Created to live in community –** **local, national & global** (this explores the individual’s relationships with the wider world)

Human beings are relational by nature and live in the wider community. Through our exchange with others, our mutual service and through dialogue, we attempt to proclaim and extend the Kingdom of God for the good of individuals and the good of society.

Each theme covers the core strands of ‘Education in Virtue’ and ‘Religious Understanding’ as well as strands which cover the PSHE content of the theme.

\****From summer term 2021, the Health Education (HE) and Relationships Education (RE) aspects of PSHE education will be compulsory in all schools – these aspects are reflected within each section.***

***It is worth noting that some of the elements of coverage referred to below will already be part of the day-to-day Catholic life of the school and reinforced through pupil’s involvement within Collective Worship.***

|  |  | Come and See | Life to the Full | Value of the week | Early Learning Goals | Links to CAFOD  Resources | Links to Global Calendar |
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|  | **I know:**  **That I am made by God** | Myself  (Domestic Church- Autumn term) |  | Inclusion  Equality |  | Picture my World resource |  |
|  | **What I am good at** |  |  | Humility | Self-confidence and self-awareness (40-60+mths) | Picture My World |  |
| Theme 1: Created and Loved by God | **Talk about the good things in my life.** | Myself (Domestic Church Autumn term)  Celebrating (Local Church-Spring term) |  | Humility |  | Picture My World resource | World Environment Day  5 June |
| **I know:**  **That I am living and growing** | Growing (Lent/Easter  Spring term) |  |  | The world  (30 – 50mths) | Harvest Resources |  |
| **That a baby grows inside its mother’s womb before birth** |  |  |  |  |  | International Women’s Day |
| **I can:**  **Identify living things.** |  |  |  | Understanding the world  (30 – 50mths) |  | World Wildlife day  3 March |
| **Be patient when I do not get what I want straight away.** |  |  | Patience | Managing feelings and behaviour  (30-50mths) |  |  |
| **I know:**  **What I like and dislike** |  |  |  | Self-confidence and self-awareness (40-60+mths) | Picture my world |  |
| **Name similarities and differences between myself and others.** |  |  | Equality  Inclusion | The world  (40-60+mths) |  | World Day for Cultural Diversity  21 June |
| **Keep clean by washing and drying my hands.** |  |  |  | Health and self – care (30-50mths) |  | World Health Day  7 April  World water day 22 March |
| **That a baby grows inside its mother’s womb before birth** |  |  |  |  |  | International Women’s Day |
| **I know:**  **What I like and dislike** |  |  |  | Self-confidence and self-awareness (40-60+mths) | Picture my world |  |
| **Say how I feel at different times.** |  |  |  |  |  |  |
| Theme 2: Created to love others | **Show care for others.** | Family  (Domestic Church Autumn term)  Friends  (Reconciliation-  Summer term) |  | Kindness  Gentleness | Making relationships  (22–36mths) |  | Fair Trade Fortnight February  Refugee Week June |
| **I can:**  **Say’ please’ and ‘thankyou’** |  |  | Gratitude  Courtesy | Managing feelings and behaviour  (40-60+mths) | Picture my World resource |  |
| **That God loves me, and I can talk to God through prayer.** | All Topics |  | Prayer  Faithfulness |  |  |  |
| **Say ‘sorry’** | Friends  (Reconciliation-  Summer term) |  | Forgiveness | Managing feelings and behaviour  (40-60+mths) |  | International Day of Peace  21 September |
| **That Jesus cares for me and I am part of God’s family** | Myself  (Domestic Church- Autumn term) |  | Kindness |  |  | Universal children’s day  20 November |
| **That Jesus tells us to love one another** | Friends  (Reconciliation-  Summer term) |  | Kindness |  |  |  |
| **I know:**  **Who can help me in school?** |  |  | Service | Self-confidence and self-awareness (30-50mths) |  |  |
|  | **That I belong to a family and can name my family members** | Myself (Domestic Church Autumn term |  |  | Understanding the world People and communities(22-36mths) |  | International Day of Families 15 May |
| **I can:**  **Identify special people (family, carers, friends) in my life.** |  |  |  | Making relationships (30-50mths) |  |  |
| **When people are being unkind to me or others and how to respond** |  |  | Forgiveness | Making relationships (30-50mths) |  |  |
| Theme 3: Created to line in community – local, global & national | **To explore who my neighbour is – locally / globally** | Our World  (Universal Church Summer term) |  | Love of neighbour |  | Picture my World resource |  |
| **Show care for others.** | Family  (Domestic Church Autumn term)  Friends  (Reconciliation-  Summer term) |  | Service  Compassion | Making relationships  (22–36mths) |  | Fair Trade Fortnight February  Refugee Week June |
| **Right and wrong actions** | Friends  (Reconciliation-  Summer term) |  | Justice | Managing feelings and behaviour  (40-60+mths) |  |  |
| **To make the sign of the cross** |  |  |  |  |  |  |
| **That Jesus tells us to love one another** | Friends  (Reconciliation-  Summer term) |  | Kindness |  |  |  |
| **Show friendly behaviour towards others.** |  |  | Friendship | Making relationships (30-50mths) |  | Fair Trade Fortnight February |
| **Ask questions about the wider world.** | Our World  (Universal Church Summer term) |  | Love of learning | Understanding the world –the world  (40-60+mths) | God’s Wonderful World linked to  (Come and See Universal Church) | World Environment Day  5 June |

|  |  | Come and See | Life to the Full | Value of the week | Links to CAFOD | Links to Global Calendar |
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|  | **That I have individual gifts, talents and abilities, given by God.** | Beginnings Y2  (Domestic Church-Autumn term) | Module 1 Unit 2  Session 1  I am Unique | Humility |  |  |
| Theme 1: Created and Loved by God | **Give thanks for the good things in my life** | Families Y1  Beginnings Y2  (Domestic Church Summer term) | Module 2 Unit 2  Session 1  Special People | Thankfulness | Picture My World resource  A Day with Musa resource | World Environment Day  5 June |
| **I know:**  **That babies change and grow and that there are life stages from conception to death.** | Change Y1  (Lent/Easter Spring term) | Module 1 Unit 4  Session 1  The Cycle of Life |  |  |  |
| **That a baby moves as it grows in its mother’s womb** | Waiting Y1  (Advent Autumn term) |  |  |  | International Women’s Day  8 March |
| **Accept that I do not always get what I want.** | Change Y1  Opportunities Y2  (Lent/ Easter Spring term) |  | Patience |  |  |
| **I can:**  **Identify the needs of people and other living things.** |  |  | Compassion |  | Human Rights Day  10 December |
| **Describe the similarities and differences between people (general)** |  | Module 1 Unit 2  Session 2  Girls and Boys | Equality | A Day with Musa resource | World Day for Cultural Diversity  21June |
| **Say what I should do to keep my body healthy (exercise, food, teeth, sleep, keeping clean)** |  | Module 1 Unit 2  Session 3  Clean and healthy | Sel-control | Health resource  Water resource | World Health Day  7 April  World Water Day  22 March |
| **I know:**  **That we all have different likes and dislikes** |  | Module 1 Unit 3  Session 1  Feelings, Likes and Dislikes | Love of neighbour | A Day with Musa resource  One Day One World resource |  |
| **I can:**  **Name happy and sad times in my life.** | Being Sorry Y1  Rules Y2  (Reconciliation Summer term) | Module 1 Unit 3  Session 2  Feeling Inside Out | Honesty |  | International Day of Families  15 May |
| **I know:**  **That I am special because I am made and loved by God** | Belonging Y1  Signs and Symbols Y2  (Baptism- Autumn term) | Module 1 Unit 1  Story Sessions  Handmade with Love  Module 2 Unit 1  Session 1  God Loves You |  |  | Universal Children’s Day  20November |
| **Talk about my mood and know that how I am feeling is a normal part of daily life.** |  | Module 1 Unit 3  Session 2  Feeling Inside Out | Honesty |  |  |

|  |  | Come and See | Life to the Full | Value of the week | Links to CAFOD | Links to Global Calendar |
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| Theme 2: Created to love others. | **I can:**  **Be courteous, for example, remembering to say, ‘please’ and ‘thank you’ without prompting.** |  | Module 2 Unit 2  Session 2  Treat Others Well | Respect  Courtesy |  |  |
| **That prayer is listening to God as well as talking to Him.** | All Topics | All Units from ‘Life to the Full’ introduce children to a variety of ways to pray | Prayer  Faithfulness |  |  |
| **That Catholics belong to the Church family and that Jesus cares for all** | Special People Y1  (Local church- Spring term)  Neighbours Y1  (Universal Church-Summer term) |  | Love of neighbour | Refugees resource  Universal Church topics | World Refugee Day  20 June |
| **That Jesus tells us to forgive one anot*h*er** | Being Sorry Y1  Rules Y2  (Reconciliation- Summer term) | Module 2 Unit 2  Session 3  …And Say Sorry | Forgiveness |  | International Day of Peace  21 September |
| **Be forgiving, able to say sorry to mend relationships.** | Being Sorry Y1  Rules Y2  (Reconciliation Summer term) | Module 2 Unit 2  Session 3  …And Say Sorry | Forgiveness |  | International day of Peace  21September |
|  | **Be caring, aware of the needs of others.** | Holidays and Holydays Y1  Spread the Word Y2  (Pentecost Summer term) | Module 2 Unit 2  Session 2  Treat Others Well | Compassion  Kindness | Picture My World resource  A Day with Musa resource | Refugee Week  June  International Day of Families  15 May |
| **Look after myself and show respect to others** |  | Module 2 Unit 2  Session 2  Treat Others Well | Respect | Picture My World resource  A Day with Musa resource | World Faith Week  22-29 October |
| **Be honest, able to tell the truth about my actions** | Being Sorry Y1  Rules Y2  (Reconciliation Summer term) | Module 2 Unit 2  Session 3  …And Say Sorry | Honesty  Trustworthy |  |  |
| **That how I act can have consequences** | Being Sorry Y1  Rules Y2  (Reconciliation  Summer term) | Module 1 Unit 3  Session 3  Super Susie Gets Angry | Forgiveness  Mercy |  |  |
| **Manage my feelings and behaviour.** | Being Sorry Y1  Rules Y2  (Reconciliation Summer term) | Module 1 Unit 3 Session 2  Feelings Inside and Out  Module 1 Unit 3  Session 3  Super Susie Gets Angry | Self-control |  |  |
|  | **Describe how to keep safe in the sun** |  | Module 2 Unit 3  Session 1  Being Safe |  | Health resource | World Health Day  7 April |
|  | **I know:**  **Who to go to if I am worried or need help.** |  | Module 2 Unit 3  Session 1  Being Safe |  |  |  |
| **That healthy families love, care and protect one another and that there are different family structures, and these should be respected.** | Families Y1 (Domestic Church Autumn term) | Module 2 Unit 2  Session 1  Special People |  |  | Refugee Week June  International Day of Families  15 May |
| **I can:**  **Recognise what makes people special.** |  | Module 2 Unit 2  Session 1  Special People |  | KS1 Bangladesh resource | International Day for Children  12 April |
| **That there are different types of teasing and bullying which are wrong and unacceptable and how to respond** |  | Module 1 Unit 3 Session 2  Feelings Inside and Out  Module 2 Unit 2  Session 2  Treat Others Well |  |  | Anti-Bullying Week  November  Internet Safety Week  February |
|  | **How my behaviour affects other people and that there are appropriate and inappropriate behaviours** | Rules Y2  (Reconciliation Autumn term) | Module 2 Unit 2  Session 2  Treat Others Well |  |  | Anti-Bullying Week  November  Internet Safety Week  February |
|  | **Recognise the characteristics of positive and negative relationships.** |  | Module 2 Unit 3 Session 2  Good and Bad Secrets |  |  |  |
| **How to use simple rules for resisting pressure when I feel unsafe or uncomfortable.** |  | Module 2 Unit 3 Session 2  Good and Bad Secrets |  |  | Anti-Bullying Week  November  Internet Safety Week  February |
| **Get adult help if someone is hurt** |  |  |  |  | Emergency Services Day |
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|  |  | Come and See | Life to the Full | Value of the week | Links to CAFOD | Links to Global Calendar |
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| Theme 3: Created to line in community – local, global & national | **Recognise that I can belong to a variety of communities locally, nationally and globally** | Special People Y1  Books Y2  (Local church Spring term)  Neighbours Y1  (Universal Church-Summer term) | Module 3 Unit 1  Session 2  Who is My Neighbour?  Module 3 Unit 2  Session 1  The Communities We Live In | Responsible citizen | KS1 Bangladesh resource  Laudato Si  Care for our Common Home | Fair Trade Fortnight  February |
| **Show awareness of differences between my life and others in the wider world** | Neighbours Y1  (Universal Church-Summer term) | Module 3 Unit 1  Session 1  Trinity House  Module 3 Unit 1  Session 2  Who is my Neighbour | Equality | Fair Trade  Resource  Laudato Si  Care for our Common Home | Fair Trade Fortnight  February |
| **To make, and understand the sign of the cross** |  |  | Prayer |  |  |
| **Be friendly and can make friends.** |  | Module 2 Unit 2  Session 2  Treat Others Well | Friendship |  |  |
|  | **That how I act can have consequences** | Being Sorry Y1  Rules Y2  (Reconciliation  Summer term) | Module 1 Unit 3  Session 3  Super Susie Gets Angry | Forgiveness  Mercy |  |  |
|  | **That Jesus tells us to forgive one anot*h*er** | Being Sorry Y1  Rules Y2  (Reconciliation- Summer term) | Module 2 Unit 2  Session 3  …And Say Sorry | Forgiveness |  | International Day of Peace  21 September |
|  | **Be caring, aware of the needs of others.** | Holidays and Holydays Y1  Spread the Word Y2  (Pentecost Summer term) | Module 2 Unit 2  Session 2  Treat Others Well | Kindness  Compassion | Picture My World resource  A Day with Musa resource | Refugee Week  June  International Day of Families  15 May |

|  | Lower key stage 2 | Come and See | Life to the Full | Value of the week | Links to CAFOD | Links to Global Calendar |
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|  | **I know:**  **That life is precious and given by God** | Homes Y3  People Y4  (Domestic Church-Autumn term)  Other Faiths weeks | Module 1 Unit 1  Story Sessions  Designed for a Purpose  Module 1 Unit 2  Session 1  We Don’t Have to be the Same |  | One Day One World | Universal Children’s Day 20 November  International Day for Tolerance  16 November |
| Theme 1: Created and Loved by God | **That God wants me to use my individual gifts, talents and abilities** |  | Module 1 Unit 2  Session 1  We Don’t Have to be the Same |  |  |  |
| **Be forgiving, able to say sorry and not hold grudges against those who have hurt me.** | Choices Y3  Building Bridges Y4  (Reconciliation- Summer term) | Module 2 Unit 2 Session 1  Family, Friends and Others | Forgiveness  Mercy | Peace and Conflict resource | International Day of Peace  21September |
| **Be grateful to others for the good things in my life.** | Homes Y3  (Domestic Church-Autumn term) | Module 2 Unit 2 Session 1  Family, Friends and Others | Gratitude | One Day One World resource | World Environment Day  5 June |
| **I know:**  **That my body is changing as I grow and some of the changes that occur throughout life.** |  | Module 1 Unit 2 Session 3  What is Puberty?  (optional – can be left to Upper KS2)  Module 1 Unit 2  Session 4  Changing Bodies  (optional – can be left to Upper KS2) |  |  | Universal Children’s Day 20 November  International Day for Older Persons  1October |
| **How a baby grows and develops in its mother’s womb** | Visitors Y3  (Advent-Autumn term) | Module 1 Unit 4  Session 1  Life Cycles  (optional – can be left to Upper KS2) |  |  | International Women’s Day  8 March |
| **Accept that I do not always get what I want and show an awareness of why this is.** | Self-Discipline Y4  (Lent/Easter-Spring term) |  | Patience |  |  |
| **I can:**  **Describe the needs of people and other living things, including the need to reproduce** |  | Module 1 Unit 1  Story Sessions  Designed for a purpose |  |  |  |
| **Describe the similarities and differences between girls and boys (specific) and correctly name the main external parts of the male and female body and their functions.** |  | Module 1 Unit 2  Session 4  Changing Bodies | Equality | One Day One World resource | Universal Children’s Day 20 November |
| **Describe a healthy lifestyle, including physical activity, dental health, healthy eating, sleep and hygiene.** |  | Module 1 Unit 2  Session 2  Respecting Our Bodies |  |  | World Health Day  7 April  World Toilet Day  19 November |
| **I can:**  **Confidently say what I like and dislike.** |  |  | Honesty | One Day One World resource |  |
| **I can:**  **Describe the wider range of my feelings.** |  | Module 1 Unit 3  Session 1  What Am I Feeling? | Honesty |  |  |
| **Describe changes that happen in life e.g. loss, separation, divorce and bereavement.** | Community Y4  (Local Church-Spring term) | Module 2 Unit 2  Session 3  When Things Change  Module 1 Unit 3  Session 3  I am Thankful |  |  |  |
| **Describe some ways to maintain good mental health, (exercise, diet sleep, company)** |  |  |  |  | Mental Health Awareness Day/Week |

|  |  | Come and See | Life to the Full | Value of the week | Links to CAFOD | Links to Global Calendar |
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| Theme 2: Created to love others | **I can**  **Be courteous, showing good manners at home and in school.** |  | Module 2 Unit 2 Session 1  Family, Friends and Others | Respect  Courtesy |  |  |
| **That I can spend time with God in prayer by myself and with others**  **which helps me in life?** | All Topics | All Units from ‘Life to the Full’ introduce children to a variety of ways to pray | Prayer |  |  |
| **That belonging to the Church family means that I should love other people in the same way as Jesus does** | Journeys Y3  Community Y4  (Local Church-Spring term)  Called Y4  Baptism/Confirmation-Autumn term | Module 3 Unit 1  Session 2  Where is Church? | Love of neighbour | Refugees resource  Universal Church topics | Refugee Week June  International Day of Families 15 May |
| **That following Jesus’ teaching on forgiveness can help me in my relationships my friends** | Choices Y3  Building Bridges Y4  (Reconciliation-Summer term) | Module 2 Unit 1  Story Sessions  Jesus My Friend | Forgiveness |  |  |
| **Describe how and why to keep safe in the sun** |  | Module 1 Unit 2  Session 2  Respecting Our Bodies |  |  | World Health Day  7 April |
| **Be respectful of myself and others, recognising differences.** |  | Module 1 Unit 2  Session 1  We Don’t Have to be the Same | Respect  Equality | One Day One World resource | World Faith Week  22-29 October |
|  | **Be honest, able to be truthful in my relationships with others** | Choices Y3  Building Bridges Y4  (Reconciliation -Summer term | Module 2 Unit 2 Session 1  Family, Friends and Others | Honesty |  |  |
|  | **Be caring, aware of the needs of others and responding to those needs.** | Energy Y3  New Life Y4  (Pentecost-Summer term) | Module 2 Unit 2 Session 1  Family, Friends and Others | Kindness  Compassion | All CAFOD resources | Refugee Week June  Fair Trade Fortnight  26 February |
|  | **I know:**  **That some behaviour is unacceptable** |  | Module 2 Unit 2  Session 2  When Things Feel Bad |  | Global Neighbours resource  Laudato Si Care for our Common Home | Holocaust Memorial Day  27 January  World Environment Day  5 June |
|  | **Cope with natural negative emotions and show resilience following setbacks.** |  | Module 2 Unit 2  Session 3  When Things Change  Module 1 Unit 3  Session 3  I am Thankful | Resilience |  |  |
|  | **I know:**  **That I can go to a number of different people for help in different situations.** |  | Module 2 Unit 2  Session 2  When Things Feel Bad |  |  |  |
|  | **That there are different types of relationships including those between acquaintances, friends, relatives and family.** | People Y4 (Domestic Church-Autumn term) | Module 2 Unit 2 Session 1  Family, Friends and Others |  |  |  |

|  |  | Come and See | Life to the Full | Value of the week | Links to CAFOD | Links to Global Calendar |
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|  | **What bullying is (including cyber-bullying) and how to respond?** |  | Module 2 Unit 2  Session 2  When Things Feel Bad |  |  | Anti-Bullying Week  November |
| **I can:**  **Show care and concern for the special people in my life.** | Giving and Receiving Y4  (Eucharist-Spring term) | Module 2 Unit 2 Session 1  Family, Friends and Others | Compassion |  |  |
| **How to recognise safe and unsafe situations and ways of keeping safe, including simple rules for keeping safe online** |  | Module 2 Unit 3 Session 1  Sharing Online  Module 2 Unit 3 Session 2  Chatting Online |  |  | Internet Safety Week  February |
| **Make a clear and efficient call to emergency services if necessary** |  |  |  |  | Emergency services day |
| **That not all images, language and behaviour are appropriate.** |  | Module 2 Unit 2  Session 2  When Things Feel Bad  Module 2 Unit 3  Session 2  Chatting Online |  |  | Internet Safety Week  February |
|  | **The difference between good and bad secrets** |  | Module 2 Unit 2  Session 2  When Things Feel Bad  Module 2 Unit 3  Session 3  Physical Contact |  |  |  |
|  | **Why social media, some computer games and online gambling, for example, are age restricted.** |  | Module 2 Unit 3  Session 2  Chatting Online |  |  |  |
|  | **That the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health** |  | Module 2 Unit 3  Session 2  Chatting Online |  |  |  |
|  | **How to be a discerning consumer of information online, including understanding that information, including that from search engines is ranked, selected and targeted.** |  | Module 2 Unit 3  Session 2  Chatting Online |  |  |  |

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|  |  | Come and See / Sacramental Preparation Education programme | Life to the Full | Value of the week | Links to CAFOD | Links to Global Calendar |
| Theme 3: Created to live in community. | **Be friendly, able to make and keep friends.** | Choices Y3  Building bridges Y4  (Reconciliation-Summer term) | Module 2 Unit 2 Session 1  Family, Friends and Others | Friendship |  |  |
| **Show concern for the communities to which I belong, aware that my behaviour has an impact upon them** | Choices Y3  Building bridges Y4  (Reconciliation-Summer term)  Other Faiths weeks | Module 3 Unit 1  Session 1  Trinity House  Module 3 Unit 1  Session 2  Where is Church? | Love of neighbour  Compassion | Climate and Environment Resource  Fair Trade Resource  Laudato Si  Care for our Common Home | Fairtrade Fortnight  February  World Health Day  7 April  World Environment Day  5 June |
| **Identify injustices in the wider world** | Special Places Y3  God’s People Y4  (Universal Church-Summer term) | Module 3 Unit 1  Session 1  Trinity House  Module 3 Unit 1  Session 2  Where is Church? | Equality  Inclusion | Climate and Environment Resource  Fair Trade Resource  Laudato Si | Fairtrade Fortnight  February  World Health Day  7 April  World Environment Day  5 June |
| **That God is Trinity** | Special Places Y3  God’s People Y4 |  | Prayer |  |  |
| **That some behaviour is unacceptable** |  |  |  |  |  |
|  | **That following Jesus’ teaching on forgiveness can help me in my relationships with my friends** | Choices Y3  Building bridges Y4  (Reconciliation-Summer term) |  | Forgiveness  faithfulness |  |  |
|  | **Be caring, aware of the needs of others and responding to those needs.** | Energy Y3  New Life Y4  (Pentecost-Summer term) | Module 2 Unit 2 Session 1  Family, Friends and Others | compassion | All CAFOD resources | Refugee Week June  Fair Trade Fortnight  26 February |

|  | Upper key stage 2 | Come and See | Life to the Full | Value of the week | Links to CAFOD | Links to Global Calendar |
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| Theme 1: Created and Loved by God | **I know:**  **That we are all children of God and made in God’s image and likeness** | Ourselves Y5  (Domestic Church-Autumn term) | Module 1 Unit 1  Story sessions  Kester’s Adventures  Module 1 Unit 2  Session 1  Gifts and Talents |  | One Day One world resource | World Day for Cultural Diversity  21 June  International Day for Tolerance  16 November |
| **That each person has a purpose in the world and that God has created me for a particular purpose (vocation)** | Life Choices Y5  Vocation and Commitment Y6  (Baptism/Belonging-Autumn term) | Module 2 Unit 1  Session 1  Is God Calling You? | Responsible citizen | Oscar Romero resource |  |
| **I know:**  **The changes that occur at each stage of a human being’s life (including childhood, adolescence, adulthood, old age) and specifically the changes which occur during puberty.** |  | Module 1 Unit 2  Session 1  Girl’s Bodies  Module 1 Unit 2  Session 2  Boy’s Bodies |  |  | International Youth Day  12 August  International Day for Older Persons  1 October |
| **About the week-by-week development of the baby in its mother’s womb** |  | Lower KS2 Life Cycles could be used here.  Module 1 Unit 4  Session 1 |  |  | International Women’s Day  8 March |
| **How human life is conceived in the womb, including the language of sperm and ova and about the nature and role of menstruation in the fertility cycle.** |  | Module 1 Unit 3  Sessions 1-3  Making Babies (Part 1 and 2) (parents may withdraw)  Session 3  Menstruation |  |  |  |
| **About the differences between boys and girls with regard to puberty and reproduction** |  | Module 1 Unit 2  Session 1 - Girl’s Bodies  Module 1 Unit 2  Session 2  Boy’s Bodies | respect |  |  |
| **About the impact that poor lifestyle choices can have on my health including lack of physical activity, poor dental health, sleep, hygiene, drugs and alcohol. The facts and science relating to immunisation and vaccination** |  | Module 1 Unit 2  Session 4  Spots and Sleep | Self-control |  | World Health Day  7 April  World Toilet Day  19 November |
| **I can:**  **Be confident in my relationships with my peers in various situations, including online.** |  | Module 2 Unit 3  Session 1  Sharing Online  Module 2 Unit 3  Session 2  Chatting Online |  |  | Internet Safety Week  February |
| **I can:**  **Describe how my emotions may change and intensify as I grow and move through puberty.** |  | Module 1 Unit 3  Session 3  Emotional Changes | Honesty |  |  |
| **It is common for people to experience mental ill health. For many people who do, the problems can be resolved if the right support is made available, especially if accessed early enough.** |  | Module 1 Unit 3  Session 3  Emotional Changes | Compassion |  |  |
| **I know:**  **How to recognise early signs of physical illness, such as weight loss, or unexplained changes to the body.** |  | Module 1 Unit 2  Session 1  Girl’s Bodies  Module 1 Unit 2  Session 2  Boy’s Bodies | Compassion |  |  |
| **Describe some of the varied emotions that accompany the changes that happen in life, e.g. loss, separation, divorce and bereavement.** | Death and New Life  Y6  (Lent/Easter-Spring term) | Module 1 Unit 3  Session 3  Emotional Changes |  |  |  |
| **Describe the impact that poor lifestyle choices can have on mental health.**  **and the need for exercise, fresh air, company, good diet and sufficient good quality sleep to support mental well- being.** |  | Module 1 Unit 2  Session 4  Spots and Sleep | Self-control |  | Mental Health Awareness day/week |
| Theme 2: Created to love others | **I can:**  **Be courteous in my dealings with friends and strangers** |  | Module 1 Unit 1  Story sessions  Kester’s Adventures | Courtesy  Respect |  |  |
| **I know:**  **That some behaviour is unacceptable, unhealthy or risky.** |  | Module 1 Unit 3  Session 2  Peculiar Feelings |  |  | Internet Safety Week  February |
| **About the impact of unsafe exposure to the sun and how to reduce the risk of sun damage** |  |  |  |  | World Health Day  7 April |
| **Be respectful of my own and others uniqueness, demonstrating respect for difference (Protected Characteristics)** | Ourselves Y5  (Domestic Church-Autumn term)  Other Faiths weeks |  | Respect  Equality | One Day One World resource | One World Week  October  World Faith Week  November |
| **The importance of forgiveness and reconciliation in relationships and**  **the challenges involved in following Jesus’ teaching on forgiveness** | Freedom and Responsibility Y5  Healing Y6  (Reconciliation-Summer term) |  | Mercy  Forgiveness | Advent and Lent resources | International Day of Peace  21September |
| **Show resilience and manage risk in order to resist unacceptable pressure.**  **and show determination and courage when faced with new challenges.** |  | Module 2 Unit 2 Session 1  Under Pressure  Module 2 Unit 2 Session 2  Do You Want a Piece of Cake?  Module 1 Unit 3  Session 1  Body Image | Resilience  Courage  Determination |  | Internet Safety Week  February |
|  | **That the Church is the Body of Christ in the world and what Church teaching says about showing love for others (Catholic Social Teaching)** | Common Good Y6  (Universal Church-Summer term)  Mission Y5  (Local Church-Spring term)  Unity Y6  (Eucharist-Spring term) |  | Faithfulness | Universal Church Topic Year 6 | Fair Trade Fortnight February  Refugee week June |
|  | **Be honest, striving to live truthfully and with integrity, using good judgement.** |  | Module 1 Unit 1  Story sessions  Kester’s Adventures | Honesty |  |  |
|  | **Be compassionate, able to empathise with the suffering of others and displaying the generosity to help.** | Sacrifice Y5  Death and New Life Y6  (Lent/Easter-Spring term) |  | Compassion | All CAFOD resources | Refugee week.  June  Fair Trade Fortnight  February |
|  | **How to use technology safely** |  | Module 2 Unit 3  Session 1  Sharing Online  Module 2 Unit 3  Session 2  Chatting Online |  |  | Internet Safety Week  February |
|  | **I know:**  **That there are a number of different people and organisations I can go to for help in different situations and how to contact them** |  |  | Service |  |  |
|  | **About some basic first aid, dealing with common injuries** |  |  |  |  | Emergency services Day |
|  | **How to make informed choices in relationships** |  | Module 2 Unit 3  Session 1  Sharing Online  Module 2 Unit 3  Session 2  Chatting Online  Module 2 Unit 3  Session 3  Physical Contact |  |  |  |
|  | **That my increasing independence brings increased responsibility to keep myself and others safe** |  | Module 2 Unit 3  Session 1  Sharing Online  Module 2 Unit 3  Session 2  Chatting Online |  |  | Internet Safety Week  February |
|  | **That prayer and worship nourish my relationship with God and support my relationships with others.** | All topics | All Units from ‘Life to the Full’ introduce children to a variety of ways to pray | Prayer  Faithfulness | CAFOD Assembly resources |  |
|  | **About the benefits of rationing time spent online, the risks of excessive time spent on electronic devices and the impact of positive and negative content online on their own and others’ mental and physical wellbeing.** |  | Module 2 Unit 3  Session 2  Chatting Online |  |  |  |
|  | **Why social media, some computer games and online gambling, for example, are age restricted.** |  | Module 2 Unit 3  Session 2  Chatting Online |  |  |  |
|  | **That the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health** |  | Module 2 Unit 3  Session 2  Chatting Online |  |  |  |
|  | **How to be a discerning consumer of information online, including understanding that information, including that from search engines is ranked, selected and targeted.** |  | Module 2 Unit 3  Session 2  Chatting Online |  |  |  |
|  | **How to report and get help if I encounter inappropriate materials or messages** |  | Module 1 Unit 3  Session 4  Seeing Stuff Online |  |  | Internet Safety Week  February |

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|  |  | Come and See | Life to the Full | Value of the week | Links to CAFOD | Links to Global  Calendar |
| Theme 3: Created to live in community | **That there are some cultural practices which are against British law and universal rights (e.g. honour-based violence and forced marriage, human trafficking etc.)** |  | Module 3  Created to live in community | Justice |  |  |
| **About the importance of living in right relationship with the range of national, regional, religious and ethnic identities in the United Kingdom and beyond, respecting difference** | Other Faiths weeks | Module 3 Unit 1  Session 1  Trinity House  Module 3 Unit 1  Session 2  Catholic Social Teaching | Respect | Global Neighbours resource | World Day for Cultural Diversity  21 May |
| **That actions such as female genital mutilation (FGM) constitute abuse, are crimes and how to get support if they have fears for themselves or their peers** |  |  |  |  |  |
| **To know:**  **That God is Trinity, a communion of persons.** |  |  | Prayer |  |  |
|  | **Demonstrate my gratitude to others for the good things in my life through words and actions.** | Ourselves Y5  Loving Y6  (Domestic Church-Autumn term) | Module 1 Unit 1  Story sessions  Kester’s Adventures | Gratitude | One Day One World resource | World Environment Day  5 June |
| **Be self-disciplined and able to delay or even deny myself** | Sacrifice Y5  Death and New Life Y6  (Lent/Easter-Spring term) |  | Self-control | Advent and Lent Resources |  |
| **I can:**  **Show care and concern for the special people in my life and put their needs before my own** | Sacrifice Y5  Death and New Life Y6(Lent/Easter-Spring term) | Module 3 Unit 1  Session 1  Trinity House | Compassion |  |  |
| **Be loyal, able to develop and sustain friendships.** |  |  |  |  |  |
| **Be just and fair, acting with integrity, understanding the impact of my actions locally, nationally and globally.** | Stewardship Y5  Common good Y6  (Universal Church-Summer term) | Module 3 Unit 1  Session 2  Catholic Social Teaching | Friendship | Climate and Environment Resource  Laudato Si  Care for our Common Home | Fairtrade Fortnight  February  World Health Day  7 April  World Environment Day 5th June |
| **Speak out about injustice in the wider world and what I can do to help.** | Stewardship Y5  Common good Y6  (Universal Church-Summer term) | Module 3 Unit 2  Session 1  Reaching Out | Equality  Justice | Fair Trade Resource  Laudato Si  Care for our Common Home | Fairtrade Fortnight  February  World Health Day  7 April  World Environment Day  5 June |
|  | **Be forgiving, developing the skills to allow reconciliation in relationships** | Freedom and Responsibility Y5  (Reconciliation-Summer term) | Module 1 Unit 1  Story sessions  Kester’s Adventures | forgiveness |  | International day of Peace  21 September |
|  | **That bacteria and viruses can affect health and that following simple routines and medical interventions can reduce their spread** |  | Module 2 |  |  |  |